



Live-In Care Services

**My Homecare**

There's no place like home

## Why Choose Live-In Care?

**Live-in care can be more affordable than a care home.**

It makes it possible to stay in familiar surroundings along with friends, family and neighbours, treasured possessions and memories.

Live-in care provides the benefit of genuine companionship. It ensures the right care and support is there when you or your loved one needs it.

## What is Live-In Care?

**Live-in care is often an ideal solution for you or a loved one, who needs more intensive support and care whilst wishing to remain living in the comfort of their own home.**

Our live-in Carer will maintain your comfort and safety whilst providing everything from companionship, to helping with dressing, cooking, housekeeping, washing and administering medication.

Our experienced Carer will live with you or your loved one who is finding it difficult to maintain their independence in their own home. They will provide companionship, safety, care and support 24 hours a day.





## Support organised around your needs

Each support plan will be as individual as the person. We can provide as much or as little support as you or your loved ones need.

Our live-in Carer can help with friendship, meal provision, assistance with mobilisation and for safety. They are also fully trained to care for people with more complex needs.

Our services can be provided for any length of time, from several weeks to as long as is required. We will discuss and accommodate your needs.

### Live-In Care Stay in your own home

- One-to-one care
- Continuity of lifestyle
- Choice of food types and meal times

## Peace of mind

Remember, your support plan will be individualised and care services provided will be on a one-to-one basis, day and night, from your carer who lives with you.

### Residential Nursing Home

- Move to new environment
- Shared care
- Change of lifestyle
- Set menu and meal times

# Services

## Our Live-In Carers can Provide

*Our care staff are chosen following a rigorous recruitment process. All Carer work references and history are checked and they are fully insured to be working in your home.*

### Personal Care

- Dressing
- Washing and bathing
- Shaving and grooming
- Assistance with hair & make up
- Administration of medication
- Continence care
- Catheter care

### Housekeeping

- Dusting and vacuuming
- Cleaning kitchen and bathrooms
- Laundry and ironing
- Paying bills
- Shopping
- Pension collection
- Complex care
- Assistance with mobility
- Dementia care
- Cared for in bed
- Stoma care
- Peg feeding

### Dietary and Nutrition

- Meal preparation
- Maintaining a balanced diet
- Support with eating
- Shopping for groceries

**My Homecare understand each of our service users have their own personalities and individuality.**

For this reason, we offer that personal approach. It is important that we nurture a caring relationship to grow between both parties.

We have a matching service in which we always consider the most suited Carer for your needs, before introducing them to you. After all, you need to find someone you warm to, and who you'd be happy to have in your family home.





## Carer Training and Experience

**For all our standard Live-In Care Packages, we introduce Carers that are employed directly through My Homecare.**

Our Manager recruits, completes all employment checks, pays the Carers, ensures tax and NI is paid accordingly, organises cover if they are sick or on holiday, trains and insures all of our Carers.

All Carers are recruited following a stringent recruitment process. Each will have provided us with their previous work references and will have an enhanced police check (DBS).



All of our training has been developed in consultation with Skills for Care, a body whose role looks at the attitudes, values, skills and qualifications necessary to provide high quality care.

As a minimum our Live in Carers are trained in Health and Safety, Basic Food Hygiene, First Aid, Moving and Handling, Dementia and Safeguarding.

Many of our existing carers are diploma or degree level educated and have vast experience of working in care and we are constantly developing their skills. We regularly arrange complex care training for carers in categories such as Stroke, Stoma Care, Foot care, Peg Feeding, etc.

## The Next Step

*If you would like to find out more about our live-in care service, please call your local branch who will be happy to assist you.*



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